



NOT ALONE

Week 6

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." – Joshua 1:9

It is very hard to lose a game. Oftentimes, we take the pain of a loss on ourself... we say things like "I could have done this better" or "if I had only made that shot." If you ever watch a game on the TV, you may even see players after a loss tend to sink to the ground by themselves or go off into a corner to process what just happened. But the great thing about soccer is that it is a TEAM sport. And a great image you'll often see when those players feel low is that a teammate or coach will come by and pick them up. They'll give them a hug and pass on some encouraging words. Life, like soccer, is full of highs and lows. But even in the hard times, when we sink to the ground in defeat, we can take heart; God is there with us. While we may know that's true, a helpful prayer when your low is to say, "God I know you are always there, but help me to feel you there even when I'm going through a difficult time in life." See how God shows up in your life!

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